

ADVANCED BARIATRIC NUTRITION COURSE (ONLINE) 2022





University of Sunderland

ENDORSED BY

With increasing incidence of obesity, bariatric and metabolic surgery has emerged as a valid treatment option for this disease. All across the world, there is an increasing trend in the numbers of bariatric operations year after year. These patients need long term support and have to be handheld and guided about nutrition and lifestyle modification. "Clinical nutritionists are the most important cog in the wheel and can make a significant difference in the well-being of post bariatric surgery patients". As the numbers of bariatric procedures increase, it is important for practicing nutritionists to understand the nuances of bariatric surgery and be well versed with the various aspects of bariatric science.

COURSE DESCRIPTION

The online advanced bariatric nutrition course is endorsed by the International Federation for Surgery of Obesity and Metabolic Surgery (IFSO), Obesity and Metabolic Surgery Society of India (OSSI), The Upper GI Surgeons (TUGS) & The University of Sunderland (UK). Powered with some of the most renowned national and international faculty, this course is designed for practicing clinical nutritionists, post graduate students of nutrition and dietetics, physicians and bariatric surgeons who are interested to learn about bariatric nutrition. It is a well-designed, extensive, online weekend course that extends over 7 weeks. The course will equip you to guide patients pre and post bariatric surgery and add another aspect to your practice of nutrition and dietetics.

WHAT YOU WILL LEARN

- A detailed understanding of pathophysiology of obesity
- Detailed understanding of bariatric/metabolic surgery and its effect on nutrient absorption
- Pre and post bariatric surgery nutritional management
- Diagnosis and management of nutritional deficiencies post bariatric surgery
- How to address common concerns pre and post bariatric surgery
- Patient communication and sensitivity training
- An update on latest guidelines on bariatric nutrition
- A peek into organizing support group meetings and creation of healthy bariatric recipes





COURSE STRUCTURE

• Online live lectures and interaction with faculty

University of

Sunderland

- Weekly readings and assignments
- Live polls and quiz
- Communication training
- Resources and study material
- Online participation in support group meeting
- Opportunity to be a part of an international bariatric "recipe book"

COURSE LANGUAGE: English | DIFFICULTY: Intermediate CREDIT: Certificate of completion- (endorsed by IFSO, OSSI, TUGS & University of Sunderland) | PLATFORM: Zoom- Online (details will be shared soon) DURATION: 7 weeks

COURSE COMMENCEMENT: 8th October 2022

COURSE FEE: Early Bird Registration (Till 20th September, 2022): 10,000 INR- For Indian Nationals 200 USD – For Non-Indian participants After 20th September, 2022: 12,000 INR - For Indian Nationals 225 USD – For Non-Indian participants



SCAN THIS CODE TO REGISTER

(10% discount on course fee will be extended to IFSO members)

PROCESS TO REGISTER: Please fill the Google form by clicking on the following link- https://forms.gle/pGXGuanf5TrFQiwe7 LAST DATE TO REGISTER: 30TH September 2022



COURSE DIRECTOR

Dr. Aparna Govil Bhasker Bariatric & Laparoscopic Surgeon Saifee, Apollo Spectra, Namaha, Currae hospitals, Mumbai, India



COURSE CO-DIRECTOR

Ms. Mariam Lakdawala Registered Dietician & Diabetes Educator, Bariatric Nutritionist, Mumbai, India













COURSE CO-DIRECTOR

Dr. Yitka Graham

Head of the Helen McArdle Nursing and Care Research Institute. Professor in Health Services Research, School of Nursing and Health Sciences



COURSE ADVISOR

Dr. Vishakha Jain

Assistant Professor, Department of Medicine Deputy Medical Superintendent; AIIMS, Bibinagar, Hyderabad, India

INTERNATIONAL COURSE FACULTY



Dr. Lillian Craggs-Dino Bariatric Dietitian and Support Group Coordinator Cleveland Clinic Florida, USA



Ms. Mary O'Kane Honorary consultant dietician Leeds Teaching Hospitals, NHS Trust, UK

NATIONAL COURSE FACULTY



Dr Amit Sood

Minimal Access, Metabolic, Bariatric and Endoscopic Surgeon. Director Ckosmic Surgical Center Moga, India

Ms. Arya Singh HOD- Nutrition & Dietetics, Asian Bariatrics Plus Hospital, Ahmedabad, India Bariatric & Non- surgical weight loss expert





Dr. Beena Arora

Chief Bariatric Dietician- Department. of Bariatric, Minimal access and General Surgery, Max Smart Super Specialty Hospital, Saket, New Delhi and at Smart Cliniqs, New Delhi, India











Ms. Harsha Jaithlia

Clinical bariatric dietician, Nobesity Bariatric and Metabolic Surgery Center at Kusum Dhirajlal Hospital, Ahmedabad, India

Dr. Madhu Goel Bariatric Physician, Centre for Metabolic surgery, Wockhardt hospital, Mumbai Central, Mumbai, India





Dr. Manish Khaitan

President- Obesity & Metabolic Surgery Society of India (OSSI) Bariatric and Laparoscopic GI Surgeon Director of Nobesity Bariatric and Metabolic Surgery Center at Kusum Dhirajlal Hospital, Ahmedabad.

> **Ms. Miloni Shah Sancheti** Registered Dietician & Diabetes Educator Consultant- Sterling Hospital, Mumbai, India





Dr. Praveen Raj

Head, GEM Obesity & Diabetes Surgery Centre (Chennai, Coimbatore) Director, Gem Hospitals group, India President - Obesity Surgery Society of India (OSSI)

> **Dr. Preeti Shukla** Registered Dietician Director at Nutri Needs Health Consultancy





Dr. Priyanka Rohatgi Chief Clinical Dietician & Head Dietetics, Apollo Hospitals, Bangalore, India

Dr. Ramen Goel Bariatric Surgeon, Wockhardt Hospital, Mumbai Central & P D Hinduja Hospital, Khar. Editor, Journal of Bariatric Surgery





Dr. Randeep Wadhawan Head of Department, Minimal Access Surgery, Bariatric Metabolic Surgery & CI Surgery, Manipal Hospitals, New Delhi, India











Ms. Ritika Samaddar Registered Dietician Regional Head Dietetics, Max Healthcare

Dr. Sarfaraz Baig GI, Laparoscopic and Bariatric Surgeon Director, Digestive Surgery Clinic in Kolkata, India.



Dr. Tejal Lathia Consultant Endocrinologist, Apollo Hospitals, Navi Mumbai

> **Ms. Zamrudd Patel** HOD, Chief Dietician, Global Hospitals, Mumbai, India





THE BIG TAKE AWAY FROM ADVANCED BARIATRIC NUTRITION COURSE (ABN) 2020 AND 2021!

RECIPES CONTRIBUTED BY PARTICIPANTS OF ABN 2020 AND ABN 2021