

DR APARNA GOVIL BHASKER

Dr. Aparna Govil Bhasker is a Bariatric and Advanced Laparoscopic Surgeon. She is one of the first surgeons in India to be accredited by the Surgical Review Corporation (SRC) as a Center for Excellence (COE) surgeon in 2011. She completed her post-graduation in General Surgery from Mahatma Gandhi Institute of Medical Sciences, Sewagram, India in 2006 after which she went on to do a fellowship in "Advanced Laparoscopy and Bariatric Surgery" at Center for Obesity and Digestive Surgery in Mumbai. In 2015, she completed a 9 months diploma on "principles and practice of clinical research" from the Harvard Medical School.



She is the Section Chief of Bariatric and Metabolic surgery at Saifee Hospital, Mumbai and is also an Associate Director for Medical practices and Clinical Research at Digestive Health Institute by Dr. Muffi in Mumbai. She is attached to Apollo Hospital, CBD Belapur in New Bombay and at Namaha Healthcare in Kandivali West as a bariatric surgeon. She has a keen interest in single incision surgery and has one of the largest series of single incision bariatric surgeries in India. She performs both Bariatric as well as General Laparoscopic Surgeries with great ease and finesse.

Dr. Aparna Govil Bhasker is the Chairperson for the Position Statement Committee of the Asia Pacific Chapter of International Federation for Obesity and Metabolic Surgery (IFSO-APC). She is an invited speaker at many national and international conferences. She has performed live surgeries at conferences and training programs at national level.

She has a keen interest in research and academics and has published many papers in peer reviewed journals. She is the co-author of a 'Silver Book on Sleeve Gastrectomy' which was published in 2016. She has also authored chapters in many text books of surgery. She is an avid reader, blogger and an artist. She also runs a charitable foundation called Debabrata Auro Foundation along with Dr. Debraj Shome in Mumbai

KEY AREAS OF SPECIALTY

1. Laparoscopic Bariatric and Metabolic Surgery:
2. Advanced Laparoscopic Surgery for Gastrointestinal Diseases
3. Single Incision Laparoscopic and Bariatric Surgery
4. Laparoscopic Colo-Rectal Surgery
5. Laparoscopic Hernia Surgery

POSITIONS HELD

1. Section Chief- Department of Minimal Access Bariatric Surgery, Saifee Hospital, Mumbai, India
2. Associate Director Medical Practices and Clinical Research, Digestive Health Institute by Dr. Muffi, Mumbai
3. Bariatric and Laparoscopic Surgeon, Apollo Hospital, CBD Belapur, New Bombay
4. Bariatric and Laparoscopic Surgeon, Namaha Healthcare, Kandivali, Mumbai.
5. Faculty for the Ethicon Institute for Surgical training
6. Chairperson- IFSO-APC Position Statement and Research Committee

EDUCATIONAL QUALIFICATION

Academic

- 2003-2006: Masters in Surgery (M.S.), Mahatma Gandhi Institute of Medical Sciences, Sewagram.
University of Nagpur.
- 1996-2001: MBBS, Mahatma Gandhi Institute of Medical Sciences, Sewagram.
University of Nagpur.

Professional

1. Fellowship in Bariatric Surgery and Advanced Laparoscopic Surgery, 2007
Center for Obesity and Diabetes Surgery, Mumbai
2. Diploma in Principles and Practice of Clinical Research, 2015
Harvard Medical School, USA

HONORS AND AWARDS

Recipient of IFSO scholarship in Buenos Aires, Argentina, September 24-27, 2008

First Asian Female Surgeon to be awarded the designation of an International Center for Excellence for Bariatric Surgery.

PAPERS AND PRESENTATIONS

1. M. Lakdawala, S. R. Chaube, Y. Kazi, A. Bhasker and A. Kanchwala. **Internal hernia through an iatrogenic defect in the falciform ligament: a case report.** Hernia 2009 Apr;13(2):217-9.
2. M. Lakdawala, A. Bhasker. **'Recommendations For the use of Gastrointestinal Metabolic Surgery for treatment of Obesity and Type 2 Diabetes Mellitus in the Asian Population'** Lakdawala M, Bhasker A: Asian Consensus Meeting on Metabolic Surgery(ACMOMS),Obes Surg.2010 Jul;20(7):929-36.

3. Muffazal Lakdawala, Aparna Bhasker, Dheeraj Mulchandani, Sunita Goel, Sneha Jain. **'Comparison Between the Results of Laparoscopic Sleeve Gastrectomy and Laparoscopic Roux-en-Y Gastric Bypass in the Indian Population: A Retrospective 1 Year Study.'** Obesity Surgery, 2010, Jan;20(1):1-6
4. A Bhasker, M Gadgil, NH Muda, V Lotwala, MA Lakdawala. **Revisional bariatric surgery for failed gastric banding in Asia: A review of choice of revisional procedure, surgical technique and postoperative complication rates.** Asian Journal of Endoscopic Surgery, Volume 4, Issue 1, pages 26–31, February 2011.
5. M. Lakdawala, N.H. Muda, S. Goel, A. Bhasker. **Single incision sleeve gastrectomy versus conventional laparoscopic sleeve gastrectomy - A randomised pilot study.** Obesity Surgery. 10.1007/s11695-011-0478-y.
6. M. Lakdawala, A. Bhasker. Editorial- **The Asian perspective to the International Diabetes Federation's position statement on bariatric surgery for diabetes.** Asian J Endosc Surg ISSN 1758-5902.
7. M. Lakdawala, S. Shaikh, S. Bandukwala, C. Remedios, M. Shah, A. G. Bhasker. **Roux-en-Y gastric bypass stands the test of time: 5-year results in low body mass index (30–35 kg/m²) Indian patients with type 2 diabetes mellitus.** <http://dx.doi.org/10.1016/j.soard.2012.07.017>
8. Bhasker AG¹, Remedios C, Batra P, Sood A, Shaikh S, Lakdawala M. **Predictors of Remission of T2DM and Metabolic Effects after Laparoscopic Roux-en-y Gastric Bypass in Obese Indian Diabetics-a 5-Year Study.** Obes Surg. 2014 Nov 16. [Epub ahead of print]
9. Bhasker AG¹, Khalifa H, Sood A, Lakdawala M. **Management of gastro-colic fistula after laparoscopic sleeve gastrectomy.** Asian J Endosc Surg. 2014 Nov;7(4):314-6. doi: 10.1111/ases.12122.
10. Lakdawala M¹, Agarwal A, Dhar S, Dhulla N, Remedios C, Bhasker AG. **Single-Incision Sleeve Gastrectomy Versus Laparoscopic Sleeve Gastrectomy. A 2-Year Comparative Analysis of 600 Patients.** Obes Surg. 2014 Oct 17. [Epub ahead of print]
11. Aditi Agrawal, Aparna Govil, Muffazal Lakdawala. **Unusual case of right iliac fossa pain: A case report.** Journal of MGIMS. 2015 Vol 20: 94-96
12. Remedios C¹, Bhasker AG, Dhulla N, Dhar S, Lakdawala M. **Bariatric Nutrition Guidelines for the Indian Population.** Obes Surg. 2015 Aug 16. [Epub ahead of print]
13. Lakdawala M^{1,2}, Limas P^{1,3}, Dhar S¹, Remedios C¹, Dhulla N¹, Sood A^{1,2}, Bhasker AG. **Laparoscopic revision of Roux-en-Y gastric bypass to sleeve gastrectomy: A ray of hope for failed Roux-en-Y gastric bypass.** Asian J Endosc Surg. 2016 Mar 4. doi: 10.1111/ases.12277. [Epub ahead of print]

14. De Luca M, Angrisani L, Himpens J, Busetto L, Scopinaro N, Weiner R, Sartori A, Stier C, Lakdawala M, Bhasker AG, Buchwald H, Dixon J, Chiappetta S, Kolberg HC, Frühbeck G, Sarwer DB, Suter M, Soricelli E, Blüher M, Vilallonga R, Sharma A, Shikora S. **Indications for Surgery for Obesity and Weight-Related Diseases: Position Statements from the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO)**. *Obes Surg*. 2016 Aug;26(8):1659-96
15. Dixon JB, Bhasker AG, Lambert GW, Lakdawala M. **Leg to leg bioelectrical impedance analysis of percentage fat mass in obese patients-Can it tell us more than we already know?** *Surg Obes Relat Dis*. 2016 Aug;12(7):1397-1402.
16. Mahawar KK, Bhasker AG, Bindal V, Graham Y, Dudeja U, Lakdawala M, Small PK. **Zinc Deficiency after Gastric Bypass for Morbid Obesity: a Systematic Review**. *Obes Surg*. 2016 Nov 24. [Epub ahead of print]

BOOKS

1. Silver book on “Laparoscopic sleeve gastrectomy” published in April 2016.

CHAPTERS

1. Co-author of a chapter on “**Complications in Bariatric Surgery**” in a book called “Complications after gastro-intestinal Surgery” edited by Dr. Samiran Nundy and Dr. Dirk J. Gouma. The book is published by Oxford University Press in 2017
2. Co-author of a chapter on “**Management of leaks after sleeve gastrectomy**” in a book called “Bariatric Surgical Practice Guide” edited by Dr. Praveen Raj Palanivelu, Dr. Saravana Kumar and Dr. Rachel Gomes. The book is a publication of Springer in 2016.

LIVE SURGICAL DEMONSTRATIONS AS PRIMARY SURGEON OR AS A PART OF CODS TEAM AT KEY INTERNATIONAL FORUMS

2017

- Live demonstration of Laparoscopic Banded Gastric Bypass- as a primary surgeon for the BLISS workshop in May 2017

2016

- Live demonstration in Laparoscopic Revisional Surgery Workshop- Napoli, Italy, April 5, 6, 2016 as a part of CODS Team
- Live demonstration of Laparoscopic Roux en Y gastric bypass in first IEF workshop held in Ruby Hall Hospital on 23rd April, 2016 as a part of CODS team.

2015

- Live demonstration of Single Incision Sleeve Gastrectomy in ACMOMS 8 on June 5, 2015 (Primary Surgeon)
- Live demonstration of Laparoscopic Sleeve Gastrectomy in the Stryker Live Surgery Workshop held at Saifee Hospital on May 22, 2015 (Primary Surgeon)

2013

- Laparoscopic Sleeve Gastrectomy – ACMOMS- IEF workshop -at Saifee Hospital, Mumbai, India (Primary Surgeon)
- SILS Sleeve Gastrectomy at SAIMS, Indore, India (Primary Surgeon)
- Second SELSMA workshop, Hospital Serdang, Putrajaya Hospital, Malaysia

2011

- IBN SINA hospital, Dhaka, Bangladesh
- PSG Surgicon, Coimbatore, India

2010

- Min Sheng Hospital, Touhan, Taiwan
- ILS Hospital, Calcutta
- Apollo Victor Hospital, Goa

2008

- Asia Pacific Obesity Conclave, Shanghai
- Surgicon, Valsad

FACULTY AND ACADEMIC PRESENTATIONS AT KEY INTERNATIONAL FORUMS

2017

- Faculty in 3rd IEF Forum, Taichung, Taiwan, July 2017
- Faculty in MGB Conclave organized by ASTER Hospital, Bangalore, August 18th and 19th, 2017.
- Invited faculty and speaker at IFSO world congress in London, August 31st to 2nd, 2017

2016

- Faculty in OSSICON 2016, Feb 2016
- Faculty at the Revision Surgery Course, Naples, Italy, April 2016
- Faculty in IEF workshop, April 2016
- Organizing Secretary, ACMOMS IX, July 2016
- Faculty at IFSO 2016, Rio De Jenerio, September, 2016
- Faculty at Baricon 2016, December 2016, organized by AIIMS and Fortis Hospitals

2015

- Faculty and organizing committee member for OSSICON 2015, January 2015
- Faculty for the MGB course at PSG Surgicon, April 2015
- Organising Chairman- ACMOMS 8
- Faculty for MGB Conclave- Apollo Hospital Delhi, July 2015
- Faculty at Laparofit 7- Gem hospital, Chennai, Nov 2015

2014

- IFSO 2014- Montreal – Shortlisted for Best Poster Session

2013

- ACMOMS VI- July, Hyderabad
- IFSO 2013- August, Istanbul, Turkey
- SAIMS – September, Indore
- International Conclave on Advanced Bariatric and Metabolic Surgery- September, Bangalore
- Second SELSMA workshop- Putrajaya, Malaysia
- Laparofit – November, Coimbatore

2012

- Metasurg, Pune, India, January
- Metabolic surgery consensus summit, BEST Institute and Research Center, Bangalore, February
- International Center for Excellence for Bariatric Surgery Training program- Ethicon Endo surgery, Mumbai, February
- Advanced laparoscopy training program, EISE, Mumbai, February
- 3 D Lapcon- ASI Gurgaon, March
- Obesity to Intensive Care Nutrition (OICN), Bhopal, March
- ACMOMS V- First Asian Metabolic Surgery Task Force Meeting, July, Gurgaon.
- X VII IFSO- New Delhi, September

2011

- IBN SINA Hospital, Dhaka, Bangladesh, July
- IFSO World Congress, Hamburg, Germany, September
- Laparofit, Coimbatore, India, November
- PSG Surgicon, Coimbatore, India, December

2010

- **APMBSS, Singapore 22nd and 23rd October**
- **ACMOMS, Goa, August**
- OSSICON, Jaipur, March

2009

- **IFSO APC, Cairns, Australia in March**
- **ACMOMS, Jodhpur, October**

2008

- **OSSICON, Calcutta, April**
- **ACMOMS, Trivandrum, August**
- PSG Surgicon, Coimbatore, April

2007

- Asian meeting on Metabolic Surgery for Diabetes and Morbid Obesity, Goa, December
- Organizing member at the Bariatric training workshop organized by CODS in July

2005

- Student's workshop on Trends in Oncology at MGIMS Wardha

Memberships:

- International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO)
- Obesity Surgeons Society of India (OSSI)
- Indian Association of Gastrointestinal Endosurgeons (IAGES)
- Endoscopic and Laparoscopic Surgeons of Asia (ELSA)
- International bariatric club (IBC)
- Indian Medical Association (IMA)
- Association of Medical Consultants (AMC)

Training Programs

1. AETF Colorectal Training programme at Shanghai in November 2009.
2. Certification course for Bioenteric Balloon Insertion organized by Allargan.
3. Medical writing course- Prof. Abe Fingerhut organized by Johnson and Johnson.

OTHER INTERESTS

1. Director of Debabrata Auro Foundation, Mumbai- A charitable foundation set up alongwith Dr. Debraj Shome with the sole purpose of helping the poor in every way possible.
(www.daf.foundation)
2. Painting is my passion and I delve in all forms of media.
3. Reading and writing blogs

CONTACT DETAILS

EMAIL: draparnagovil@gmail.com

Mobile: +919819566618
